

Canterbury Manor A Senior Residential Community

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This Past Month



March was amazing...We planted flowers around the building, and started planting herbs and vegetables in our raised garden beds. We had such a mix of weather: high winds, rain storms, hail storms, snow and great amounts of sunshine. We really appreciated the sunshine.

Regarding the CoVid-19 virus, the Governor moved us to phase 3 and that has really lifted the spirits around Canterbury Manor. Residents that are fully vaccinated and vetted can visit their friends and families at their homes, and are allowed to travel and vacation within the state of Washington without quarantining. The front parlor is now open for four people to sit and socialize, staying six feet apart, and, those who are fully vaccinated, are able to enjoy their coffee in the front parlor. Residents are now able to take their own trash and recycling down to the refuge room. Hopefully soon we will be opening the mailroom, it will all depends if the post office will allow us to take the post person's temperature. In the meanwhile, we're all still wearing our masks, staying six feet apart, and washing our hands. We are excited to see what comes next in April. Make sure you keep your rain boots & umbrellas handy for all the rain showers that bring spring flowers.

Cheryl Radebaugh Administrator



Arrangements for your Pets

Here at Canterbury, our residents are more than welcome to have their own fuzzy companion. We know how much joy they can bring and all the benefits they can provide to our residents. As long as they are able to be properly cared for, we happily open our arms to pets!

But that's a key statement. The pet needs to be cared for no matter the situation. What happens if you are temporarily unable to care for them? It is crucial that you have someone who is ready, willing, and able to come to your home on very short notice to care for your pets in the event you are suddenly hospitalized, temporarily incapacitated, or unexpectedly prevented from returning home. It is important to think through and identify all the options you may have available for support of you, and your pet before a situation arises.



We encourage you to make an emergency plan in writing on how to take care of your pet (food, water, medication, indoor/outdoor, etc) should the time comes when you aren't able to.

Should the situation occur where you are out/ill for an indeterminate period of time occur, a plan for long term care for the pet needs to be addressed. Check with friends or family to see who would be willing to take the pet in if you are not able to care for them. In the worst case scenario, if you can't find anyone able or willing, you might need to board them in a kennel or place them up for adoption. However, if you expect to be out for only a relatively short period, entrusting your pet entirely with a neighbor, a family member or even a pet care facility, is a good option. And, if you find yourself



temporarily unable to perform one aspect of the care, such as going out on walks or grooming, you could enlist the help of professionals, such as dog-walkers or pet groomer.

Remember to take precautions during this pandemic: All individuals should be wearing a mask and sanitize the leash/wear gloves if possible to keep everyone safe.

At the time of publication, the USDA and the CDC state that they do not consider pets to be a source of infection in the United States. However, they recommend that you treat a pet just as you would treat any other member of your household-which includes physically distancing from people and from other animals.

Activities

In March we had set our clocks forward on Daylight Savings, celebrated St. Patrick's Day all dressed up in green, with green cupcakes and a fabulous dinner of Corned beef, Cabbage, Red Potatoes, Irish Soda bread, Beer and Chocolate Chip ice cream. And with Easter right around the corner, we will be celebrating with chocolates, jellybeans, and Easter eggs!

For the month of April, the Activity department has several outings planned; to a few new restaurant's that residents have been wanting to try out, and a fun trip planned for the bookstore. We've added some fun game days in the dining room for our residents to enjoy. We have had lots of fun and laughs with the weather warming up, and we can finally enjoy some walks at the local parks!



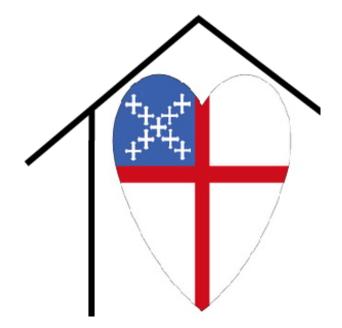


The kitchen is working on some new spring meals and desserts, along with some classic favorites, like angel food cake, with fresh berries and whip cream.

As for Easter this month, the kitchen will be sure to make a good ol' traditional dinner of some baked honey ham, with all the trimmings of course, and a wonderful layered carrot cake complete with cream cheese frosting for dessert!

Christina Petty, Resident Service Director

Canterbury Manor Friends-Home-Life



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